

**SUPPORT WHEN YOU ARE
LOOKING FOR WORK**

Have you or someone you know experienced a recent lay off or downsizing?

Or, are you returning to the work force after being away from work for a while?

All job seekers share common concerns and can learn from experienced career consultants as well as help each other.

Just finding out that you are not alone is a help in itself.

At the Family Life Center Job Search Group, you will meet others and hear helpful speakers.

You may join at any point during this group.

*Join us and take the first step to your next **DREAM JOB!***



The experiences of others can help us understand ourselves and our feelings.

**JOB SEARCH
SUPPORT GROUP**

The Family Life Center

703 Compton Road
Cincinnati, Ohio 45231



The Family Life Center
703 Compton Road
Ten Mondays beginning
February 1 and
September 14, 2010
1:30—3:00 PM



*A Faith-Based Outreach of
Northminster Presbyterian Church*

Contact us: 513-931-5777, or
flc@nmpchurch.org, or
<http://tinyurl.com/FamilyLifeCenter>
for information and for
other groups that provide help
for all ages and stages of
life & life issues.

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SESSIONS FOR GROUP SUPPORT AND MOTIVATION

In today's economy, no one is immune from a job hunting expedition. No matter why you became a job hunter, you are now faced with empty days, the need to hit the streets & put your skills in front of potential employers. This group will help with:

- How to polish your resume and write cover letters that will get attention.
- Interview preparation
- Support for the roller coaster of emotions you may be experiencing.
- StrengthsFinder 2.0 assessment & coaching.
- Strategies for surviving financially and structuring your time productively.
- Health insurance options and COBRA—how to make sure you are still covered.
- “Little known” resources available to you at no cost.
- Techniques for networking to find that next dream

job!

No fee for class, StrengthsFinder 2.0 assessment, childcare (with pre-registration) or books loaned free from FLC Library.

Sources of information:

The group facilitators use books, videos, the internet and hand-outs. Some of these resources are available free from the local Career Resource Center. Books can be borrowed from the Family Life Center Library. You can get an email account, even without a home computer.

Class Facilitators:

Our facilitators are experienced in the job search process and have had training in leading small groups. They are assisted by Dana Glasgo, Career Consultant, and various career coaches throughout greater Cincinnati. See the press release for program specifics. Center Director Diane Kinsella will also provide Strengths Coaching based on StrengthsFinder 2.0, a free resource provided by the group.

Format: 10 sessions on Monday afternoons.

Invite a friend and get on your way back to work!



Rejoice with those who rejoice, weep with those who weep. ~ Romans 12:15

703 Compton Road
 Cincinnati, Ohio 45231

Bring or mail completed form to address above or fax to: 931-0260
 Phone: 931-5777, Email: flc@nmpchurch.org

Registration for Job Search Group

Sign up for:

- Eight Mondays starting _____ 1:30 PM **FREE !!**
- I will need child care during class **FREE !!**
- Number of children:
- Ages and names:
-
-

Time

1:30 PM

Price

FREE !!

Price

FREE !!

Total:

FREE !!

Name _____

Address including zip code _____

Phone and e-mail _____

How did you hear about us? _____